

# Build Your Own Wormery

## materials

- 2 stackable, plastic boxes or buckets with lids
- Pieces of ripped up cardboard
- Small amount of compost & rain water
- Tiger Worms
- A drill or something to make holes in plastic

Wormeries use *Tiger Worms* to turn kitchen waste, weeds and cardboard into nutrient-dense compost and liquid fertiliser. They don't smell and take up very little space. You can use this as a standalone composting solution, or as a complement to a traditional compost heap.

**1 Drill half-centimetre holes** approximately every 5cm over both lids and the base of one of the boxes/buckets. These holes will allow water to drain and improve airflow, creating a healthier environment for your worms.

**2 Place one of the lids on the box/bucket with no holes.** This will be the base of your wormery where the liquid fertiliser will collect. You can fit a tap or regularly extract this and store it in a jar. *To use: mix 1 part fertiliser with 10 parts water and use it to water your plants.*



**3**

**Mix the ripped up pieces of cardboard with compost** or coir fibre, dampened with a little rain water to make it nice and comfortable for your worms.

**4**

**Place the mix in the box/bucket** with the holes in the base, (up to about 8cm). This will be the top box where your worms will live. Add your worms, cover with a layer of damp cardboard and put the lid on the box.



See flip side for care instructions.



**Worm eggs**



# Caring for Your Wormery



When feeding your worms weekly, remember these tips:

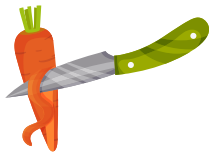
## Do ✓



Green leafy vegetables



Fruit peel & cores



Vegetable peel & scraps



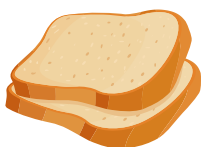
Tea bags & coffee grounds



Shredded newspaper & cardboard



Powdered eggshells, not eggs



Bread, cooked pasta & rice

## Don't ✗



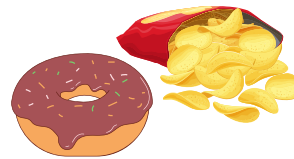
Citrus fruit peel



Chillis or spicy food



Dairy produce



Sugary, salty or processed food



Fats & oils



Onion, garlic & leeks



Meat & fish

## And, importantly...



### Chop Up Food

Chop food into small pieces or blend to make it easier for the worms to eat. **Include at least 50% 'bedding' paper/card.**



### Keep Damp & Warm

Worms like it **damp, but not wet.** Keep the wormery sheltered so it doesn't fill with rain. Spray with water if it looks dry. Keep in shade between 15° & 25°C. Empty the liquid & dilute 1:10 water as liquid feed.



### Don't Overfeed

Wait until most food is eaten before adding more. Add fine grit, soil or sand to help digestion. Limit starchy foods.